

Spinach Salad, Two Ways

In honor of warmer weather, I thought I'd share my go-to spinach salads, which are as easy to prepare as they are delicious. I was never a fan of spinach until a few years ago, when I discovered that, while I do hate canned or bagged spinach, I love fresh baby spinach. I use it as the base for pretty much everything now. Here are two variations that are simply divine.

Feta and Strawberry Salad:

Fresh baby spinach, washed Feta cheese crumbles Sliced strawberries Toasted almond slivers Marzetti Simply Dressed Balsamic vinaigrette Fresh cracked pepper

Assemble the layers, crack some pepper, and top with grilled chicken for extra protein.

Feta and Pear Salad:

Fresh baby spinach, washed Feta cheese crumbles Matchstick slices of pear Almond slivers A squeeze of fresh lemon Briannas French Vinaigrette Fresh cracked pepper

For something a little more delicate, assemble the layers and crack some pepper on top. I like the pear salad as a starter before big dishes, and the strawberry salad as a full meal. But you do you, boo.